



Mental Health Support Sub-Committee Meeting Minutes

March 15, 2018

Agenda

1. Welcome
2. Approval of agenda items
3. Action items from previous meeting
4. Supporting AWO's Wellness Forum:
 - a. Review and finalize the agenda
 - b. Sogol's update on important points that peer leaders will be addressing.
 - c. Finalize key points to be addressed by Access Alliance and St. Stephen's Community House
5. Next steps
6. Updates
7. Any other business
8. Scheduling next meeting

Participants

Grace E. McDonald (Hospitality Training Centre); Tahir Khan (Toronto North-LIP); Sogol Sand (Afghan Women's Organization); Amanda Choo (Woodgreen); Angelica de Jesus-Bretschneider (Toronto South-LIP).

Regrets

Kaitlin Murray (Toronto East Quadrant-LIP); Muna Gaye (Toronto Newcomer Office)

Minutes

1. Welcome

2. Approval of minutes

Approved.

3. Action items from previous meeting

All action items addressed.

4. Supporting AWO's Wellness Forum

Participants discussed the proposed agenda for the event and provided Sogol with suggestions on how to frame discussions and timelines.

5. Next steps

Participants agreed to meet after AWO's event to discuss how to use the event as a spring board for our group's work for the year.

6. Updates

Angelica will connect with TSLIP's Health and Mental Health Working Group to assess if there are collaboration opportunities.

7. Any other business

None.

8. Scheduling next meeting

Wednesday, April 18 2018 at 2 pm to 4pm.