



CANADIAN CENTRE FOR VICTIMS OF TORTURE

**SOCIAL INTERVENTIONS
THE SOCIO-ENVIRONMENTAL APPROACH**

Mulugeta Abai Executive Director

- 1. Psychosocial Trauma and Destruction**

- 2. Levels of psychological needs**
 - 1. Strain Group**
 - 2. Distress Group**
 - 3. Disorder Group**

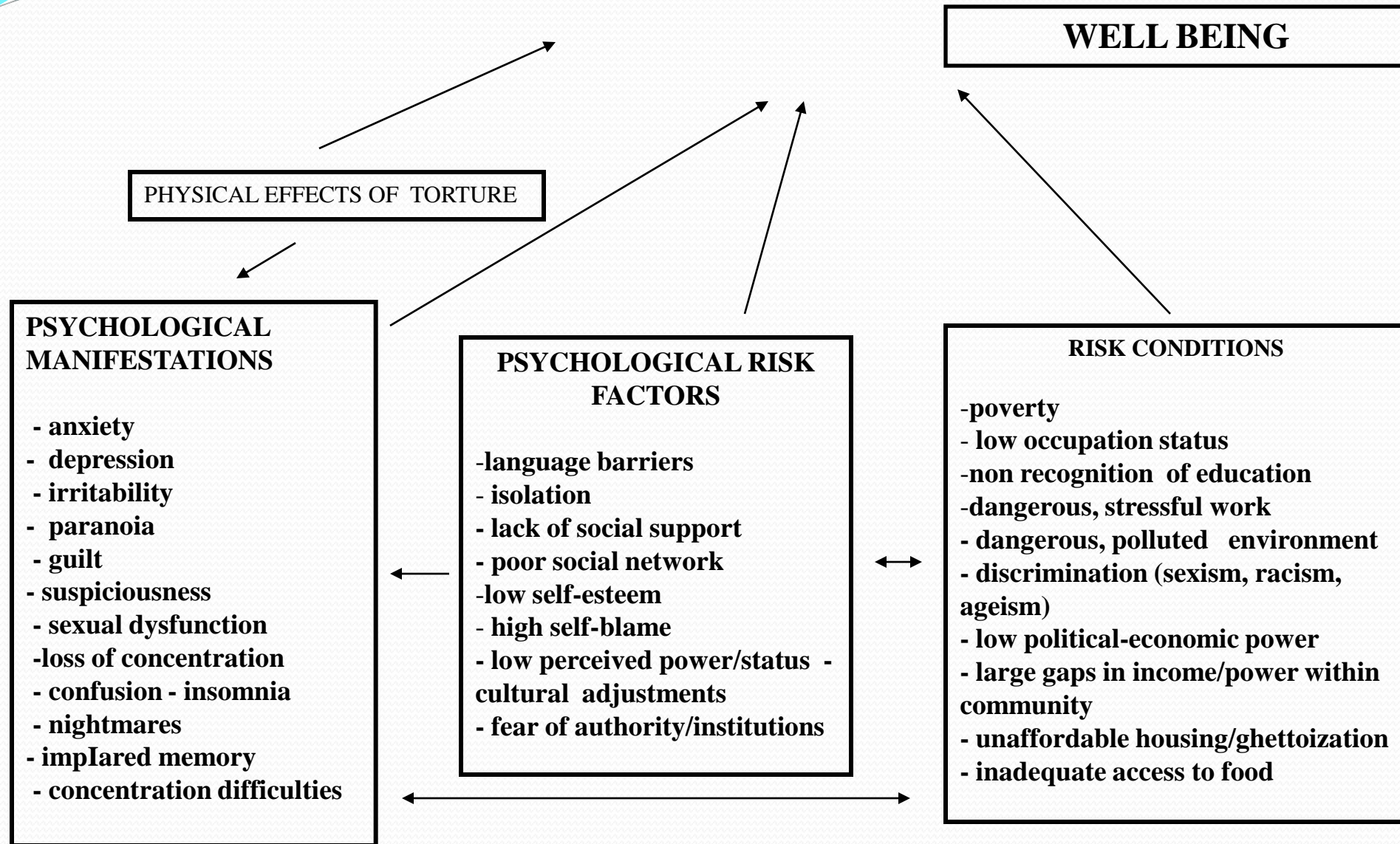
- 3. CCVT's belief is that the treatment of survivors of torture is not solely a medical or psychological issue but that the aftermath of torture is also a social phenomenon. This broad approach to the work of CCVT helps us to ensure that people we work with have every chance at survival and integration into their new country, culture, and socio-environment.**

- 4. The refugee survivors of torture Profile**

APPROACHES

- **Medical**
- **Psychological**
- **Socio environmental**

THE SOCIO-ENVIRONMENTAL APPROACH TO TORTURE REHABILITATION





“HIGH-RISK ENVIRONMENT” APPROACH

CCVT offers a broad spectrum of services to address the underlying mental health, social situations and conditions in which people find themselves as newcomers, and refugee surviving torture.



“In helping those groups or individuals showing evidence of disorders in the attempt to prevent further deterioration, the most effective factor is the presence of a social network of personal support”
Allodi (1987)

**Unemployment
Underemployment
Discrimination**

Morton Beiser,
*“Strangers at the Gate:
The boat People’s first ten years in Canada”*

HIGH RISK ENVIRONMENT

- **Discriminatory Practices:**
 - **Racism**
 - **Disability**
 - **Sexism**
 - **Homophobia**
 - **Xenophobia (anti-Semitism, ant refugees or immigrants...**
- **Violence:**
 - **War**
 - **Torture and Institutional violence**
 - **Domestic Violence**
 - **Child abuse**
 - **Violent crimes...**
 - **.....**

COMMUNITY DEVELOPMENT MODEL

