

**Newcomer Mental Health
Capacity Building Forum for Frontline Staff:
Practical Tools for Impactful Practice**

FORUM OBJECTIVES

This interactive session will provide participants with critical knowledge, skills and practical tools to address issues related to mental health for newcomer clients, with a particular focus on the following objectives:

1. Facilitate concrete skill building for frontline workers through resource sharing and best practices
2. Provide participants with critical mental health promotion knowledge and techniques with a focus on intervention strategies and the social determinants of health
3. Highlight practical, culturally sensitive intervention methods and anti-oppressive approaches to address mental health related issues with newcomer clients
4. Address stigma as a barrier to service and offer effective mitigation strategies