



women **Zone**

A new program for women living with HIV in Toronto.

Are you looking for other ladies to lunch and learn with?

WomenZone is open to all women living with HIV, including trans women, and offers women the opportunity to learn about ways to better manage their health, the importance of nutrition, and an opportunity to interact with each other. WomenZone sessions are offered three times per month. There is a cooking session, educational session and an interactive session (each session includes a meal).

For more information about womenzone or to RSVP please contact Fikilé Mazambani, Women's Support Coordinator, at 416-340-8484 ext. 239 or fmazambani@actoronto.org.

WomenZone is a project of the Circle of Care initiative for HIV-positive women.

An initiative of the



circle of care

The Circle of Care Initiative is a collaborative approach to providing diverse, innovative and practical support services for women living with HIV/AIDS in Toronto.

Initiative Lead



Initiative Partners



The Teresa Group