

*These services are provided for information only,
Without recommendation of CAMH*

Low Cost Food Options: Toronto West

Food Banks

Canadian Red Cross, Toronto Region Mobile Food Bank Tel: 416-480-2500
21 Randolph Avenue, Toronto Fax: 416-480-2777
www.redcross.ca

Christie Ossington Neighbourhood Centre Tel: 416-534-8941
854 Bloor Street West, Toronto Fax: 416-534-8704
www.conccommunity.org

Fort York Food Bank Tel: 416-203-3011
797 Dundas Street West, Toronto

High Park Baptist Church Tel: 416-534-4225
9 Hewitt Avenue, Toronto Fax: 416-534-5453
www.highparkbasptist.org

Oasis Dufferin Community Centre Tel: 416-536-4431
1219 Dufferin Street, Toronto Fax: 416-536-0122
www.oasisdufferin.org

Parkdale Community Food Bank Tel: 416-532-2375
1316 King Street West, Toronto
www.pcfb.ca

Patterson Presbyterian Church Food Bank Tel: 416-654-8072
109 Harvie Avenue South, Basement, Toronto

Rainbow/Korean Information and Social Services Tel: 416-531-6701
Ossington Avenue Baptist Church, 720 Ossington Avenue, Toronto

Salvation Army, Community and Family Services Tel: 416-532-4511
789 Dovercourt Road, Toronto
www.salvationarmy.ca

Sharing Place Tel: 416-762-3322
Church of the Nazarene, 624 Annette Street NE, Toronto
www.thesharingplace.ca

Sorauren Food Bank Tel: 416-645-0490
1499 Queen Street West, Basement, Toronto Fax: 416-480-2777

The Stop Community Food Centre Tel: 416-652-7867
1884 Davenport Road, Rear Entrance, Toronto Fax: 416-652-2294
www.thestop.org

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Low Cost Dining Options

Caribbean Canadian Catholic Centre **Tel: 416-534-1145**
867 College Street, Toronto **Fax: 416-534-1146**

Christie Ossington Neighbourhood Centre **Tel: 416-534-8941**
854 Bloor Street West, Toronto **Fax: 416-534-8704**
www.conccommunity.org

Parkdale Activity-Recreation Centre **Tel: 416-537-2262**
1499 Queen Street West, Toronto **Fax: 416-537-4159**
www.parc.on.ca

Salvation Army, Community and Family Services **Tel: 416-532-4511**
789 Dovercourt Road, Toronto
www.salvationarmy.ca

The Stop Community Food Centre **Tel: 416-652-7867**
1884 Davenport Road, Rear Entrance, Toronto **Fax: 416-652-2294**
www.thestop.org

Additional Resources

CNAP, Community Navigation and Access Program **Tel: 1-877-540-6565**
<http://www.cnap.ca/content/home/home.aspx>

- Service for seniors to access community support in the Toronto area

Dietitians of Canada **Tel: 416-596-0857**
<http://www.dietitians.ca/>

Eat Right Ontario
Speak directly with a Registered Dietitian **Tel: 1-877-510-5102**
<http://www.eatrightontario.ca/en/Default.aspx>

FoodShare Toronto **Tel: 416-363-6441**
<http://foodshare.net/index.htm> **Fax: 416-363-0474**

Health Canada **Tel: 613-957-2991**
<http://hc-sc.gc.ca/> **Toll Free: 1-866-225-0709**

Toronto 211 **Tel: 211**
<http://www.211toronto.ca/index.jsp>

- A directory of over 20 000 community, social, health and government services