

*These services are provided for information only,
Without recommendation of CAMH*

Low Cost Food Options: Toronto East

Food Banks

Allen Gardens Food Bank

St Luke's United Church, 353 Sherbourne Street, Toronto

ArtHeart

237 Sackville Street, Toronto

www.artheart.ca

Tel: 416-203-0034

Eastview Neighbourhood Community Centre

86 Blake Street, Toronto

www.eastviewcentre.com

Tel: 416-392-1750

Fax: 416-392-1175

Glen Rhodes United Church Food Bank

1470 Gerrard Street East, Toronto

www.glenrhodesunitedchurch.ca

Tel: 416-465-3755

Fax: 416-465-8549

Grace Pascoe Care Centre Food Bank

Calvary Baptist Church, 72 Main Street, Toronto

Tel: 416-691-2899

Lourdes Food Bank

275 Bleecker Street, South East corner, Toronto

Tel: 416-972-0630

Margaret Frazer House

301 Broadview Avenue, Toronto

www.margaretfrazerhouse.org

Tel: 416-463-1481

Fax: 416-461-4866

Pape Food Bank

746 Pape Avenue, Toronto

www.calvarychurch.ca

Tel: 416-466-3040

Fax: 416-466-0945

Salvation Army Community and Family Services

77 River Street, Toronto

www.salvationarmy.ca

Tel: 416-304-1982

Fax: 416-366-5983

St. Ann's Parish Food Bank

120 First Avenue, Toronto

www.stanntoronto.ca

Tel: 416-466-2127

Fax: 416-778-6545

St Bartholomew's Church Community Services

509 Dundas Street East, Toronto

www.stbartstoronto.ca

Tel: 416-368-9180

St John the Compassionate Mission

155 Broadview Avenue, Toronto

www.stjohnmission.org

Tel: 416-466-1357

Fax: 416-466-3517

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St Monica's Place Food Bank
1324 Gerrard Street East, Toronto

Tel: 416-466-3415

St Paul's Basilica Food Bank
83 Power Street, Toronto

Toronto Council Fire Native Cultural Centre
439 Dundas Street East, Toronto
www.councilfire.ca

Tel: 416-360-4350 x245
Fax: 416-360-5978

Toronto East Seventh-Day Adventist Church Food Bank
170 Westwood Avenue, Toronto

Tel: 416-696-5760
Fax: 416-696-2143

Toronto Tamil Seniors' Association
275 Bleecker Street, Basement, Toronto

Tel: 416-323-9086

- Food bank for adults 55 years and over and their families

Yonge Street Mission, Christian Community Centre
270 Gerrard Street East, Toronto
www.ysm.ca

Tel: 416-929-9614
Fax: 416-929-1598

Low Cost Dining Options

St Bartholomew's Church Community Services
509 Dundas Street East, Toronto
www.stbartstoronto.ca

Tel: 416-368-9180

- Breakfast program where hot meals are served

Yonge Street Mission, Christian Community Centre
270 Gerrard Street East, Toronto
www.ysm.ca

Tel: 416-929-9614
Fax: 416-929-1598

- Drop in Meals for Adults, Senior Community Lunches, Children's Breakfast Club

Additional Resources

CNAP, Community Navigation and Access Program
<http://www.cnap.ca/content/home/home.aspx>

Tel: 1-877-540-6565

- Service for seniors to access community support in the Toronto area

FoodShare Toronto
<http://foodshare.net/index.htm>

Tel: 416-363-6441
Fax: 416-363-0474

Health Canada
<http://hc-sc.gc.ca/>

Tel: 613-957-2991
Toll Free: 1-866-225-0709

Toronto 211
<http://www.211toronto.ca/index.jsp>

Tel: 211

- A directory of over 20 000 community, social, health and government services

*August 2011, Megan Scully, Student Volunteer CAMH
Information obtained from www.211toronto.ca*