

*These services are provided for information only,  
Without recommendation of CAMH*

## **Low Cost Food Options: Toronto East**

### **Food Banks**

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**Allen Gardens Food Bank**

St Luke's United Church, 353 Sherbourne Street, Toronto

**ArtHeart**

237 Sackville Street, Toronto

[www.artheart.ca](http://www.artheart.ca)

**Tel: 416-203-0034**

**Eastview Neighbourhood Community Centre**

86 Blake Street, Toronto

[www.eastviewcentre.com](http://www.eastviewcentre.com)

**Tel: 416-392-1750**

**Fax: 416-392-1175**

**Glen Rhodes United Church Food Bank**

1470 Gerrard Street East, Toronto

[www.glenrhodesunitedchurch.ca](http://www.glenrhodesunitedchurch.ca)

**Tel: 416-465-3755**

**Fax: 416-465-8549**

**Grace Pascoe Care Centre Food Bank**

Calvary Baptist Church, 72 Main Street, Toronto

**Tel: 416-691-2899**

**Lourdes Food Bank**

275 Bleecker Street, South East corner, Toronto

**Tel: 416-972-0630**

**Margaret Frazer House**

301 Broadview Avenue, Toronto

[www.margaretfrazerhouse.org](http://www.margaretfrazerhouse.org)

**Tel: 416-463-1481**

**Fax: 416-461-4866**

**Pape Food Bank**

746 Pape Avenue, Toronto

[www.calvarychurch.ca](http://www.calvarychurch.ca)

**Tel: 416-466-3040**

**Fax: 416-466-0945**

**Salvation Army Community and Family Services**

77 River Street, Toronto

[www.salvationarmy.ca](http://www.salvationarmy.ca)

**Tel: 416-304-1982**

**Fax: 416-366-5983**

**St. Ann's Parish Food Bank**

120 First Avenue, Toronto

[www.stanntoronto.ca](http://www.stanntoronto.ca)

**Tel: 416-466-2127**

**Fax: 416-778-6545**

**St Bartholomew's Church Community Services**

509 Dundas Street East, Toronto

[www.stbartstoronto.ca](http://www.stbartstoronto.ca)

**Tel: 416-368-9180**

**St John the Compassionate Mission**

155 Broadview Avenue, Toronto

[www.stjohnmission.org](http://www.stjohnmission.org)

**Tel: 416-466-1357**

**Fax: 416-466-3517**

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**St Monica's Place Food Bank**  
1324 Gerrard Street East, Toronto

**Tel: 416-466-3415**

**St Paul's Basilica Food Bank**  
83 Power Street, Toronto

**Toronto Council Fire Native Cultural Centre**  
439 Dundas Street East, Toronto  
[www.councilfire.ca](http://www.councilfire.ca)

**Tel: 416-360-4350 x245**  
**Fax: 416-360-5978**

**Toronto East Seventh-Day Adventist Church Food Bank**  
170 Westwood Avenue, Toronto

**Tel: 416-696-5760**  
**Fax: 416-696-2143**

**Toronto Tamil Seniors' Association**  
275 Bleecker Street, Basement, Toronto

**Tel: 416-323-9086**

- Food bank for adults 55 years and over and their families

**Yonge Street Mission, Christian Community Centre**  
270 Gerrard Street East, Toronto  
[www.ysm.ca](http://www.ysm.ca)

**Tel: 416-929-9614**  
**Fax: 416-929-1598**

## **Low Cost Dining Options**

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**St Bartholomew's Church Community Services**  
509 Dundas Street East, Toronto  
[www.stbartstoronto.ca](http://www.stbartstoronto.ca)

**Tel: 416-368-9180**

- Breakfast program where hot meals are served

**Yonge Street Mission, Christian Community Centre**  
270 Gerrard Street East, Toronto  
[www.ysm.ca](http://www.ysm.ca)

**Tel: 416-929-9614**  
**Fax: 416-929-1598**

- Drop in Meals for Adults, Senior Community Lunches, Children's Breakfast Club

## **Additional Resources**

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**CNAP, Community Navigation and Access Program**  
<http://www.cnap.ca/content/home/home.aspx>

**Tel: 1-877-540-6565**

- Service for seniors to access community support in the Toronto area

**FoodShare Toronto**  
<http://foodshare.net/index.htm>

**Tel: 416-363-6441**  
**Fax: 416-363-0474**

**Health Canada**  
<http://hc-sc.gc.ca/>

**Tel: 613-957-2991**  
**Toll Free: 1-866-225-0709**

**Toronto 211**  
<http://www.211toronto.ca/index.jsp>

**Tel: 211**

- A directory of over 20 000 community, social, health and government services

*August 2011, Megan Scully, Student Volunteer CAMH  
Information obtained from [www.211toronto.ca](http://www.211toronto.ca)*