

<http://nationalpeaceacademy.us/edresources/study-guide/>

# Peace, Peacebuilding and Peacelearning: A Holistic Introduction

*A 90-day Study Guide for Peacebuilders of all Ages*



The National Peace Academy's free online curriculum, "**Peace, Peacebuilding and Peacelearning: A Holistic Introduction**," is a study guide designed for budding peace and community change leaders from children to adults. It is intended for both seasoned practitioners and those who are new to peacebuilding and who wish to create significant, meaningful and sustainable change in their personal lives, their communities, and the world at large.

The study guide provides an introductory sampling of the holistic knowledge and skills necessary to nurture the development of the full spectrum of the peacebuilder – inner and outer, personal and professional. It is built upon the National Peace Academy's "Conceptual Framework for Peace Education & Peacebuilding Programs" (also known as "**NPA's 5 Spheres of Peace**") that explores five interrelated and interdependent spheres of peace and right relationships – the personal, social, political, institutional and ecological – through exercises that introduce skills and concepts that help to illuminate what it means and how to live with peace and in right relationship with our selves, others, diverse communities, and the bigger living systems of which we are all a part.

This curriculum is designed to support [Push4Peace](#), a 90-day global media campaign launched on the International Day of Peace on September 21, 2012. Over the past few decades, there has been an exponential growth of peacebuilding efforts quietly emerging around the world. This emergence has spread over multiple sectors of society and across a continuum ranging from inner to international peace. Under the banner of Push4Peace, a group of strategic partners is working to catalyze a worldwide celebration of these diverse efforts as part of a growing wave of peace. Their aim is to reach one billion people and inspire a billion actions for peace. Take the "[pledge for peace](#)" today!

This curriculum is the National Peace Academy's contribution to this effort.

*Use of this curriculum is free – no registration is required. However, we encourage you to take 3-5 minutes to complete our [registration/feedback form](#) so we may know how and where the curriculum is being used, what is most effective, and how we can continue to improve it.*

**Introduction: Building the Potentiality for Peace**

**12 Weeks of Peacelearning for Children, Youth and Adults**

**Curriculum Release Dates**

**NPA's 5 Spheres of Peace**