

In Partnership with

SickKids

Urban Tele Mental Health Services Information Sheet

What is Tele Mental Health Services?

Tele Mental Health is a referral base service that provides easy access to psychiatric assessment and consultations for families with infants, children and youth between the ages of 0-18 years old across the GTA region. What mental health issues are discussed and treated under the program? Some common concerns that are addressed under this treatment program are:

- Anxiety
- Depression
- Post-traumatic stress disorder
- Obsessive compulsive disorder
- Oppositional defiant disorder
- Eating disorders
- Personality disorders
- Concurrent disorders

How Does It Work?

This is a part of a step-care approach. To be eligible, the client needs to be assessed by a primary health care provider or a Community Mental Health Worker. This service uses live video broadcasting system to connect families and case managers to psychiatrists at SickKids Hospital. Services are offered through one of the four Tele Mental Health locations below:

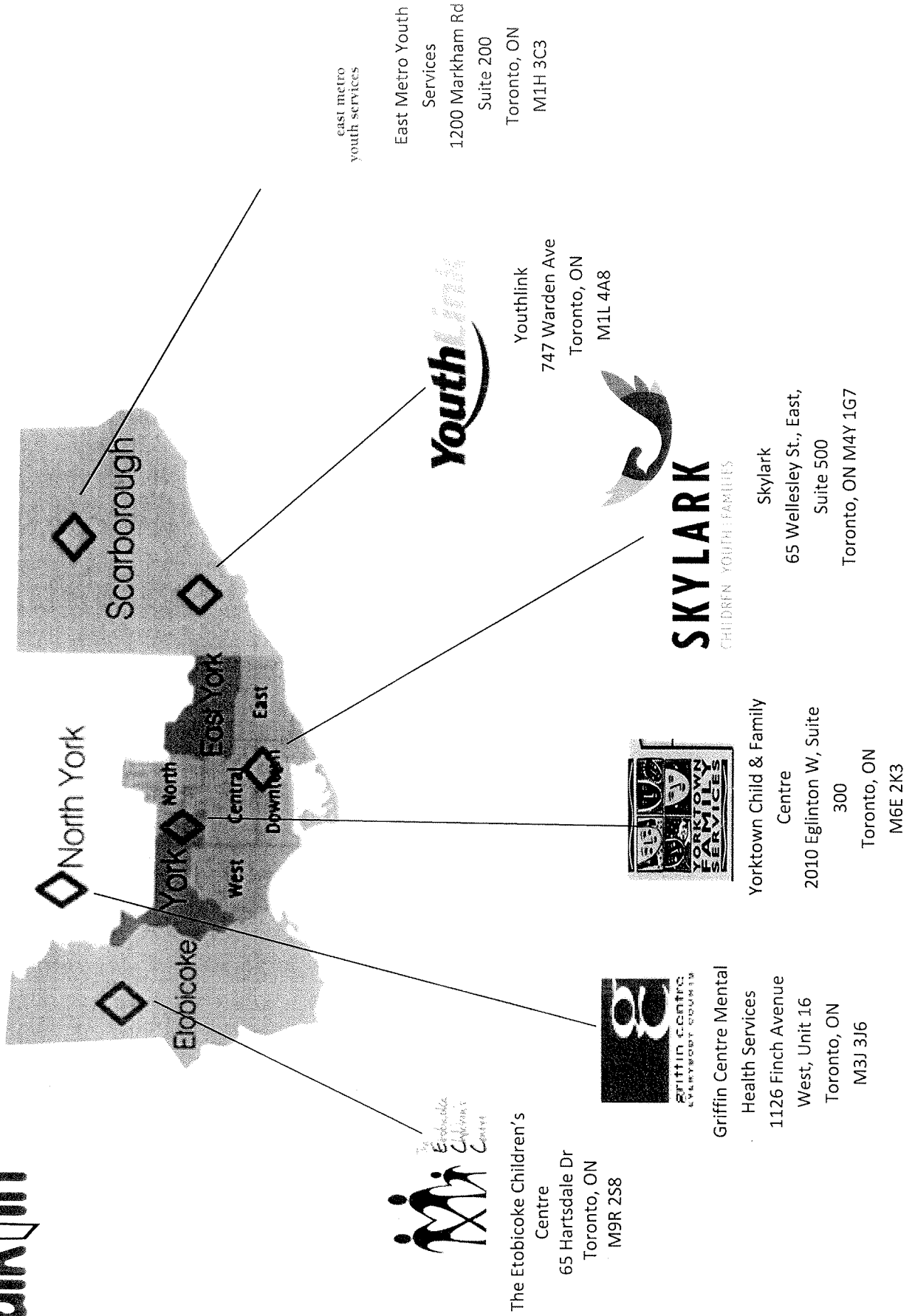
- Griffin Centre at **1126 Finch Ave West, North York.**
- Youthlink at **747 Warden Ave, Scarborough, ON.**
- Etobicoke Children's Centre at **2267 Islington Ave Etobicoke, Ontario.**
- Yorktown Family Services at **2010 Eglinton Ave West #300, York, ON.**

**For more information about the program and for a referral package
contact Karlene Haughton, Coordinator not the site locations.**

khaughton@emys.on.ca

416-438-3697 ext. 21361; Cell: 647-382-4153

what's up walk'in®



east metro
youth services

East Metro Youth
Services
1200 Markham Rd
Suite 200
Toronto, ON
M1H 3C3



Youthlink
747 Warden Ave
Toronto, ON
M1L 4A8



SKYLARK
CHILDREN YOUTH:FAMILIES

Skylark
65 Wellesley St., East,
Suite 500
Toronto, ON M4Y 1G7

North York

Etobicoke

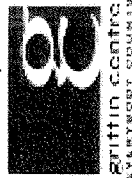
York
West
North
East York
Central
Downtown



Yorktown Child & Family
Centre
2010 Eglinton W, Suite
300
Toronto, ON
M6E 2K3



The Etobicoke Children's
Centre
65 Hartsdale Dr
Toronto, ON
M9R 2S8



Griffin Centre Mental
Health Services
1126 Finch Avenue
West, Unit 16
Toronto, ON
M3J 3J6