



YMCA Newcomer Youth Leadership Development (NYLD)

Toronto Central Grosvenor St.
YMCA Centre
20 Grosvenor St.
Toronto, ON M4Y 2V5

For more information, please contact
Matthew Boumeester at 416-567-4244
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Find me on Facebook
@MatthewNYLD

February 2017

www.ymcagta.org/nyld

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2 Mentor Meeting @ Central YMCA 4:30 pm – 6:30 pm	3	4	5
6	7 All About Health @ Central YMCA 4:30 pm – 7:00 pm	8	9	10	11	12
13	14 Valentines Day Potluck @ Central YMCA 4:30 pm – 7:00 pm	15	16	17	18	19
20	21 Resume Building and Interviewing Skills @ Central YMCA 4:30 pm – 7:00 pm	22	23	24	25	26
27	28 Fundraiser Planning @ Central YMCA 4:30 pm – 7:00 pm					

All activities are free!

The NYLD Program is for newcomer youth
13-24 who are permanent residents or
convention refugees



NYLD offers a safe, supportive
and fun environment where you
can make new friends, develop
your skills and get involved in
your community.

Funded by:

Financé par :



Immigration, Refugees
and Citizenship Canada

Immigration, Réfugiés
et Citoyenneté Canada



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February 2017 Activities

FUN * LEARN * EXPLORE * VOLUNTEER * LEAD

1. All About Health

In this fun and informative workshop we talk about personal health, relationships and have a guest speaker to be our resident expert on all topics about health.

2. Valentines Day Potluck

Part of being in a community is sharing your culture, traditions and customs with others. Join us in playing multicultural games and sharing food from different cultures.

3. Resume Building and Interviewing Skills

Want to make your resume better? Don't have a resume? Join us for this informative session where you can build a resume using one of our templates or have your resume critiqued. We will also be covering basic interviewing skills and questions in mock interview sessions.

4. Fundraiser Planning

March Break is fast approaching! Meaning we will be doing our annual March Break Fundraiser. Come and plan how you can help your community. Big or small, everything counts

5. Mentor Meeting

Mentors ONLY! Each month peer leaders help discuss, brainstorm, and plan activities for members of their group. If you are interested in becoming a mentor, please speak to the Advisor!

Program Overview

The Newcomer Youth Leadership Development Program (NYLD) is leadership program specifically for youth between the ages of 13-24. All participants are Permanent Residents or Convention Refugees. The program is free for all participants.

New Syrian Canadians

If you know any Arabic-speaking youth or families interested in joining NYLD please connect them with Louis Dib, who will be able to help them to join NYLD. Email: Louis.Dib@ymcagta.org.



Find me on Facebook
[@Matthew NYLD](https://www.facebook.com/MatthewNYLD)

(* If you are under 18, you need to **bring the waiver/permission form** signed by a parent or guardian for all outings. Sign up may be required due to limited spaces. Please check with your advisor.

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