

Useful Phone Numbers and Websites

Call 911 in case of emergency. Interpretation will be arranged. Don't hang up!

INFOline 416-314-5518, 1-800-268-1154

- general enquiry on MOH programs, OHIP, Ontario Drug Benefit Plan, Trillium Drug Plan

Telehealth Ontario 1-866-797-0000; TTY 1-866-797-0007

- 24/7 info and referral; help callers make informed decisions; access to interpreters.

www.serviceontario.ca to apply for provincial services such as OHIP card, marriage certificate, statement of live birth, birth certificate, driver's license etc.

www.HealthyOntario.com 1-877-234-4343

- consumer health information in English and French

www.eatrightontario.ca or 1-877-510-5102 to speak to a registered dietitian

Addiction and Mental Health Centre automated messages about drugs and mental health 1-800-463-6273

- 24 hours/7 days

Toronto Health Connection 416-338-7600 or www.toronto.ca/health

- ask for specific languages: Information, Counseling and referrals.

Toronto Housing Connection: 416-981-6111 or www.housingconnection.ca

Call 211 for hospital and social services in Toronto or www.211toronto.ca

Toronto Western Hospital Patient & Family Library: 416-603-6277 or www.uhnpatienteducation.ca

- consumer health information in English and other languages

Ontario Disability Support Program

416-314-6514 (income support); 416-325-0693 (employment support)

www.cfcs.gov.on.ca/CFCS/en/programs/IES/OntarioDisabilitySupportProgram

Ombudsman Ontario: 416-586-3300; TTY 416-586-3510 or

www.ombudsman.on.ca

Find Family Doctors, Specialists and Surgeons: www.cpsso.on.ca

Toronto Community Care Access Centre

416-506-9888 or www.torontoccac.com

